

Full Kitchen Audit - January 2026

Freezer

- Venison
- 10 croissants
- Lime and lemon slices
- Cauliflower cheese/ Brussels / carrot & swede
- 15 fish fingers
- Chopped red chilli
- Sweetcorn
- Smoked salmon
- Peas
- Mushrooms
- Ice
- Chicken stock
- 1 mini milk
- 3 orange lollies
- Korean rice cakes
- 8 chicken mini fillets
- High protein wraps
- Spinach
- 5 veggie bites
- Bread sauce
- Red cabbage
- Carrot & swede
- 1 half fat burger
- Halloween fish nuggets
- Coriander
- 13 beef and onion dumplings
- 5 frozen bananas
- Coffee
- 2 salmon fillets
- 2 pain au chocolate

Cupboards

- spinach penne (2 portions)
- Peanuts
- Peanut butter
- Honey
- Maple syrup
- Lots of instant noodles
- Custard
- Kidney beans x2
- Small beans
- Tuna x2
- Coconut milk
- Small beans and sos
- Stuffing mix
- Pickled mussels
- Olives and pickles canned
- Tinned toms x1
- Sushi ginger
- Tinned carrots

- Miso
- Banana custard
- Tinned mackerel fillers
- Tinned sardines x2
- Udon
- Ramen
- Dan Dan seasoning
- Seaweed
- Brown rice
- Risotto rice
- Short grain white rice
- Short grain black rice
- Lasagne sheets
- Vermicelli
- Simply cook: Kofta flatbreads x2, Cod& chorizo roasties, Keralan curry, Beef massaman, Keema matar, Rendang
- Spanish style grains pouch
- Panko breadcrumbs
- Hainanese chicken rice kit
- Red lentils
- Small amount of orzo
- Maggi garlic seasoning
- Mild taco seasoning
- Black risotto rice
- Tteokbokki rice cakes

Fridge

- Carrots
- Potatoes
- Brie
- Courgette
- Half a sweetheart cabbage
- Old celery
- Pickles
- Ham
- Slow cooked shawarma kit
- Crab meat x2